planning research in hospitality and tourism













Levent Altinay and Alexandros Paraskevas

Planning Research in Hospitality and Tourism

Planning Research in Hospitality and Tourism

Levent Altinay and Alexandros Paraskevas



Amsterdam • Boston • Heidelberg • London • New York • Oxford Paris • San Diego • San Francisco • Singapore • Sydney • Tokyo Butterworth-Heinemann is an imprint of Elsevier



Butterworth-Heinemann is an imprint of Elsevier Linacre House, Jordan Hill, Oxford OX2 8DP, UK 30 Corporate Drive, Suite 400, Burlington, MA 01803, USA

First edition 2008

Copyright o 2008 Levent Altinay and Alexandros Paraskevas. Published by Elsevier Ltd. All rights reserved

The right of Levent Altinay and Alexandros Paraskevas to be identified as the author of this work has been asserted in accordance with the Copyright, Designs and Patents Act 1988

No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means electronic, mechanical, photocopying, recording or otherwise without the prior written permission of the publisher

Permissions may be sought directly from Elsevier's Science & Technology Rights Department in Oxford, UK: phone (+44) (0) 1865 843830; fax (+44) (0) 1865 853333; email: permissions@elsevier.com. Alternatively you can submit your request online by visiting the Elsevier web site at http://elsevier.com/locate/permissions, and selecting *Obtaining permission to use Elsevier material*

Notice

No responsibility is assumed by the publisher for any injury and/or damage to persons or property as a matter of products liability, negligence or otherwise, or from any use or operation of any methods, products, instructions or ideas contained in the material herein.

British Library Cataloguing in Publication Data

A catalogue record for this book is available from the British Library

Library of Congress Cataloging-in-Publication Data

A catalog record for this book is available from the Library of Congress

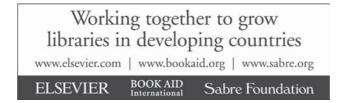
ISBN: 978-0-7506-8110-0

For information on all Butterworth-Heinemann publications visit our web site at books.elsevier.com

Typeset by Charon Tec Ltd (A Macmillan Company), Chennai, India www.charontec.com

Printed and bound in Hungary

 $08 \ 09 \ 10 \quad 10 \ 9 \ 8 \ 7 \ 6 \ 5 \ 4 \ 3 \ 2 \ 1$



Contents

Preface Acknowledgements		ix
		xi
1	Getting started What is research and why do we do it? Why do we need to do research at all? How does a research project start? Formulating the broad research question The role of the supervisor The international researcher Summary Student experiences Exercise: your preferred approach to research Review questions References	$ \begin{array}{c} 1\\ 1\\ 4\\ 5\\ 8\\ 11\\ 12\\ 15\\ 15\\ 15\\ 18\\ 19\\ 19\\ 19\\ 19\end{array} $
2	Developing academic reading skills Why academic reading? How do you know you have a paper worth reading? Reading the paper Extracting value from your reading SQ3R: a technique for effective academic reading Academic reading from an international student's perspective Summary Exercise: reading Review questions References	21 21 22 23 29 31 32 34 34 34 40 40
3	Developing literature review skills Locating the sources of your literature Defining the initial parameters of a search Conducting the main search and filtering the results Organizing your results Referencing your sources Articulating the research aim The international dimension of literature review Summary Student experiences Exercise: literature maps Review questions References	$\begin{array}{c} 42\\ 42\\ 46\\ 48\\ 49\\ 53\\ 57\\ 58\\ 60\\ 60\\ 60\\ 64\\ 67\\ 67\\ 67\end{array}$
4	Research philosophies, approaches and strategies Research philosophies: positivism and phenomenology Research approaches: deduction and induction	69 69 72

vi Contents

	Quantitative versus qualitative research Research strategies The international dimension in choosing a methodology Summary Exercise: research philosophies, approaches and strategies Review questions References	75 76 83 85 85 86 86
5	Sampling What is sampling? Probability sampling Non-probability sampling Sample size The problem of non-response Sampling in qualitative research Summary Review questions References	89 89 91 95 98 99 101 103 104 105
6	Data collection techniques Interviews Observation Questionnaires Content analysis of documents Increasing the credibility of your research Summary Review questions Annex: Hospitality and tourism studies using different data collection techniques References	107 107 117 120 127 130 131 131 132 134
7	Writing your research proposal Section One Section Two Section Three Closing your proposal: the appendix Summary Student experiences Review questions References	136 136 140 143 149 150 151 152 153
8	Conducting the fieldwork Negotiating access to organizations Professional conduct in the interview setting The international dimension Summary Student experiences Review questions References	155 155 158 160 162 163 165 166
9	Analysis of qualitative data Qualitative data Different approaches to qualitative data analysis Using Computer-Assisted Qualitative Data Analysis Software (CAQDAS)	167 167 168 174

Contents vii

	The international dimension: language and 'language equivalence' Summary Review questions Annex: Extended example of inductive analysis References	178 180 180 181 192
10	Analysis of quantitative data Scales in quantitative analysis Organization, coding and entering data for analysis Analysing quantitative data Summary Exercises: quantitative statistical analysis Review questions References	194 195 199 202 220 220 220 226 226
11	Writing up the dissertation Cover page, abstract, acknowledgements and contents Introduction Literature review chapters The research design chapter Presenting and discussing your findings Conclusions and implications The last chapter: introduction revisited The final touches Other presentation conventions Summary Turning a dissertation into an academic paper Review questions References	228 229 230 231 232 233 235 235 235 235 236 238 238 240 241
Ind	Index	

Preface

There are several stories about a real person, Nasreddin Hoca (pronounced Hodja), who was born in 1208 in the western part of Central Anatolia in Turkey. Hoca served as a judge, and his sense of fairness and wisdom soon made him a legend, not only in Turkey but also in neighbouring countries such as Greece, Syria and Bulgaria. One of these stories is the starting point of this 'research journey' that we will share with you.

One day, a neighbour of Hoca came to him with a complaint against another. Hoca listened to the charges carefully and then concluded, 'Yes, dear neighbour, I believe you are quite right.' The other neighbour then came to him. Hoca listened to his defence carefully and then concluded, 'Yes, dear neighbour, I believe you are quite right.' Hoca's wife, having listened to the entire proceeding, said to him, 'Husband, they cannot both be right!' Hoca turned to her and said, 'Yes, wife, I believe you are quite right too!!!'

The message behind this story is that sometimes there is no right or wrong way of doing things; there might be more than one way. There is always an alternative means – some other idea or belief – that may also be right! What is important is how you justify what you do and how you do it, and this is where this book will help. One of its main foci is to offer a balanced approach regarding the theory and practice of research methods, so that you will be equipped with the knowledge and the skills necessary to perform research and justify your approach to it. We have used a straightforward style to present and explain concepts and ideas employed by hospitality and tourism researchers, using real-life examples, and to emphasize the skills that you, as an under- or post-graduate researcher, will need to carry out your research projects, whether for coursework, consultancy or dissertation. In particular, the book offers guidance on planning a research project in hospitality and tourism by considering the specific characteristics of this industry, including the international dimension and the implications this may have regarding the research process.

We have tried to structure the book in a staged approach, both to help you to understand the basics of research and also to develop your own way of thinking, be able to justify this thinking, and appreciate that there are other, equally valid, means of approaching your research topic. In Chapter 1 we explain why we, as academics, do research, but also why it is important that you do the same during your studies in higher education. We help you to find ways of developing reasoning for undertaking research on a particular topic, and articulate the research questions that will guide your research journey.

Chapters 2 and 3 are aimed at providing the skills you will need to cope with academic reading, and a strategy to approach literature review in a manner that will be meaningful in building a strong theoretical foundation for your research project.

In Chapter 4 we introduce you to the more conceptual elements of research by presenting different philosophies, approaches and strategies that you may choose to adopt in your project.

Chapters 5, 6 and 7 concern the more technical parts of research, providing guidance regarding who you get your information from, how to obtain it, and how to prepare a research proposal that will convince your supervisor or your institution's research committee that you are able to undertake an academically rigorous research.

Chapter 8 discusses undertaking fieldwork – i.e. 'getting out there' and doing your research. The chapter aims to equip you with some strategies to deal with the real world and cope with adversity.

x Preface

Chapters 9 and 10 are aimed at providing you with the basic skills required for data analysis, by introducing different approaches and techniques to perform this task. These chapters offer several examples that will help you to understand and practise these techniques before actually applying them in your own project.

Finally, Chapter 11 offers advice on writing up your project following a generally accepted structure, but also on how you can turn a successful project into a publishable academic article.

Levent Altinay Alexandros Paraskevas

Acknowledgements

In the preparation of this book we were fortunate to receive considerable feedback from colleagues in both UK and overseas universities. We are extremely grateful to them for giving their time and sharing their ideas. We also take this opportunity to thank our families for their patience and for encouraging us in our endeavours.