

Factors Influencing the Intrinsic Motivation of National Level Volleyball Coaches in Sri Lanka

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The aim of this research was to investigate the factors influencing the intrinsic motivation of National level Volleyball coaches in Sri Lanka. This study was undertaken by focusing on the matters that were recognized from the National Volleyball tournaments which were held in the last five years and through the records of the Sri Lanka Volleyball Federation. A group of 46 subjects, were in National level Volleyball coaches, participated in the study. A COM questionnaire was applied to assess the several intrinsic factors that influence coach motivation. These included remuneration, training and education and adequate facilities and standard equipment. The study has provided conclusions after wearing out detail scientific analyses of data using IBM SPSS statistical tool. Widen a hypothetical variant and to formulate hypotheses of the study were identified to achieving the research objectives. The major conclusions are that coach motivation is a highly sensitive concept which is affected by a multiplicity of factors. The study also asserts that the issue of motivation as a personal or inherent factor in coaches predisposes and coaches to develop a certain mind set regarding their careers. The result has shown that 91.30% male and 8.7% were female in the respective sample. 28.26% of coaches have represented from 40-44 and 45-49 age categories in the entire sample. Based on the findings, all the hypotheses were accepted including remuneration, education/training and facilities/ equipment impact on coaches' intrinsic motivation of National level Volleyball coaches in Sri Lanka. This study provided valid and important facts to be implemented by the Sri Lanka Volleyball Federation, Volleyball coaches association and main stakeholders to the development of the National game in Sri Lanka. This study is helpful in bridging the knowledge gap of the respective research area.

Keywords: *Intrinsic Motivation, National Level, Volleyball Coaches*