

Sabaragamuwa University Journal

Volume 10 Number 1 December 2011

- 01 Being active for later life: What determines physical activity and exercise participation among retired female government servants in Sri-Lanka?
Samantha Nanayakkara, Ian Culpan, Jane McChesney and Jack Dzenis 1-19
- 02 Moisture Sorption Isotherm Studies of Formulated Rice and Soy Based Ready – to – Eat Breakfast Cereals Using B.E.T Model
E. Delina Felix and T. Mahendran 20-31
- 03 Migrant Housemaids from Ratnapura District working in the Middle-East: The Socio–Economic Impact of the migrant phenomenon on both Family and Society
S.J.M.N.G. Samarakoon 32-52
- 04 The extent of use of Bloom’s Taxonomy in the evaluation of selected undergraduate degree programmes at the Sabaragamuwa University of Sri Lanka
D.G. Dharmarathne and Chandana Dissanayake 53-59
- 05 Spatial Impacts of Climate Change on Major Climatic Factors in Sri Lanka
C. S De Silva and J. A. Rodriguez-Diaz 60-75
- 06 Determination of Optimum Harvesting Time for Okra (*Abelmoscus Esculentus* Var. Haritha) to Cope with Temperature and Water Stress Due to Global Warming
M.D.M.Gunawardhana and C.S De Silva 76-89
- 07 Influential Contextual Factors on Information Sharing through Supply Chain: A Case of Apparel, Food and Printing Industries in Sri Lanka
C. W. Chathurani Silva and M. A. C. S. Sampath Fernando. 90-102

Editorial

Dear readers of the Journal of Sabaragamuwa University of Sri Lanka.

We were pleased to introduce you to the Journal of Sabaragamuwa University of Sri Lanka (JSUSL) long time ago. A journal, very unique in its kind, as it publishes articles that challenge current models, theories and especially in multidisciplinary research work. The articles are based on rigorous and well documented results that do not support these models or even disprove them. It publishes methods and techniques that are found to be unsuitable for studying a particular phenomenon. JSUSL strongly promotes and encourages the publication of research in multidisciplinary nature that opens up new avenues to the society. JSUSL's immediate goal is to provide scientists with responsible and balanced information in order to improve experimental designs and applied decisions.

As we started this journal we received a large amount of positive feedback, as well as some critical comments and questions. Among them, why such a journal? What are the benefits of a journal that publishes research in multidisciplinary results? Won't such published information give my competitors an advantage? To respond to these concerns, we would like to draw the reader's attention to Karl Popper's realization that science advances through a process of "conjectures and refutations". All disciplines are interconnected and hard to demarcate the boundaries. Development and sustainability are the results of collaborative efforts of all fields.

However, we strongly believe that such observations and conclusions that are based on rigorous experimentation and thorough documentation ought to be published in order to be discussed, confirmed or refuted by others. The consequence of some fundamental flaw in methods that are commonly used, perhaps further analysis by others may help uncover those flaws and lead to a methodological improvement. Finally, we believe it is useful and important to publish well documented findings in multidisciplinary nature, as well as with the use of methods that are reliable but for which the shortcomings have not been publicized. Finally, I wish to convey sincere thanks to the authors who joined with us to publish their valuable piece of research work and the all supportive hands that help to complete the publication.

Prof. Mahinda S. Rupasinghe
Editor in chief