

Performance Dropout Reasons on Undergrads Track Athletes at Sri Lankan Universities

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Sri Lankan students who compete at the school level are more talented and show excellent performances. Despite the fact that they won the university-level competitions, it was evident that their performance had slightly declined. Therefore, the current study was aimed to pinpoint the causes of the players' decline in performance at the university level in Sri Lanka. A cross-sectional study was done with a sample of 80 university athletes who weren't performing at a high school level (n = 80). The target population were selected from under the four universities where the undergraduates follow the sport science or physical education degree programmes. A questionnaire which contained 35 statements under main six independent variables (Academic, individual, economic, social, motivation and family) including 5-point Likert scale, was used to collect the data. According to the descriptive statistics, family variable had shown a large number of value than other variables. Mean value was 24.77. This study results indicated the highest dropout reason was 'family'. This study concluded that most of the university level athletes' dropout their performance because of their family. In order to create a positive environment for student-athletes that supports their academic and athletic success, addressing these issues requires cooperation among universities, sports organizations, and other stakeholders.

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