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Talent Identification: Finding Future Sport Champions in Schools Through Physical Education

Detecting sports talent as early as possible in a child's life is important to promote the sustainable development of sports, the progress and promotion of sports performance at elite levels. Equally important, is the role of physical educators and coaches in schools in identifying and cultivating sports talents. Physical education (PE) classes play an important role in transporting sports reserve forces for national sports in every country. Besides, At the same time, talent detection could be a helpful tool to stimulate lifelong sports participation and reduce dropouts, because it can reveal an optimal connection between sports, individual strengths and personal preferences (Pion, 2015). Physical Education is schools emphasis on physical literacy and formed the concept of lifelong habits of being physically active. Children spent on average 7-8 hours of their waking time in school. Most of the times, extracurricular activities after schools add on additional 2-3 hours of school time. This provides ample opportunities to detect and nurture future sports talents for the country.



This paper will look into the current research and practices on talent identification in schools

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